

## Useful Telephone Numbers

TDC Careline	01255 686362
Met Office customer care	0870 900 0100
Environment Agency Floodline	0845 988 1188
Local Police Station	
Doctor	
NHS Direct	0845 46 47
Local Authority	
Town / Parish Council	
School	
Business	
Bank	
Electricity Company	
Gas Company	
Water Company	
Telephone Company (land line)	
Mobile Phone Provider	
Vet	
Insurance Company	

## Important Information

BBC Essex	103.5FM / 95.3 FM
Heart FM	96.3FM / 102.6 FM
BBC TV	Look East
ITV	Anglia
Home Insurance Policy	
Car Insurance Policy	
Passport No.	
National Insurance No.	
Driving Licence No.	
Pension No.	



## Essex County Council interactive game "What if...?"

[www.crucial-crew.org/what-if](http://www.crucial-crew.org/what-if)

Don't miss the other 5 leaflets in the severe weather series. Look out for the following:

- Severe Gales
- Heavy Snow and Icy Roads
- Thunderstorms and Lightning
- Heat and Sun
- Dense Fog

**Tendring**  
District Council



**Met Office**

**Tendring District Council  
Emergency Planning  
Town Hall  
Station Road  
Clacton-on-Sea  
Essex  
CO15 1SE**

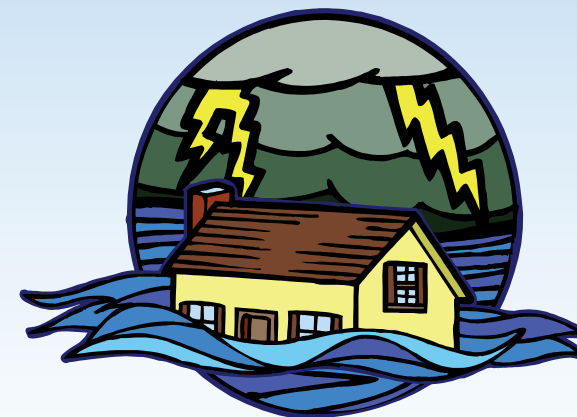
Phone: 01255 686868

Fax: 01255 222813

E-mail: [eplanning@tendringdc.gov.uk](mailto:eplanning@tendringdc.gov.uk)

## HEAVY RAIN

Forecasting floods and issuing flood warnings depends on the type and nature of the events that trigger them.



Produced with information  
from the Met Office

## Before the flood:

- Find out if your home is at risk of flooding, by contacting the Environment Agency on 0845 988 1188
- If you are at risk of flooding register on the Environment Agency's Floodline Warning Direct 0845 988 1188.
- Understand what the Flood Warning Codes are, and what they mean.



- Bring indoors items which may cause damage or be damaged.
- Ensure you have bottles of drinking water.
- Find out what your local councils policy is regarding the provision of sandbags.
- Consider what flood mitigation measures you could put in place yourself.
- Move valuable items including important documents to a high level.
- Prepare a home emergency plan, so you know what you need to do depending on the flood warning issued.
- Know where and how to turn off your electric, gas and water supplies, should you need to.
- Check your insurance to see what you are covered for.

- Move livestock to high ground and ensure they are provided with shelter, fresh water and adequate feed, which should be checked regularly.
- Move outdoor pets, such as rabbits and guinea pigs, indoors to a garage or shed.
- Keep all domestic pets indoors and upstairs, if necessary.
- Ensure dogs are accompanied at all times when outside.
- Put horses, ponies and donkeys into stables on high land.

## During the flood:

- Never try to walk, swim, cycle through flood water. Foot obstructions may trap you, whilst 6 inches of rapidly moving water can knock you off your feet.
- Never try to drive through flood water – 80% of flood deaths occur in vehicles.
- Avoid contact with flood water, it is contaminated.
- If you have to evacuate your home, turn off those utilities you can access
- Avoid driving unless your journey is absolutely necessary.
- Do not try to return to your property unless you have been told it is safe to do so.
- Don't walk on sea defences and river banks or cross river bridges as they may collapse.

## After the flood:

- Check for structural damage to your buildings.
- If it is dark use a torch, not candles.
- Throw away all food, including canned goods, which have come into contact with flood water.
- Do not eat fruit and vegetables from a veggie patch or allotment, if they have been affected by flood water.
- Contact your insurance company.
- Keep record of flood damaged property and possessions.
- Open doors and windows to help ventilate your property.
- Don't start repairs until the flooding is over.

## Driving in wet weather:

- Stopping distances are at least double in wet conditions compared to dry conditions.
- Reduce your speed.
- Visibility may be reduced, due to surface spray.
- Keep well back from the vehicle in front of you.
- If steering becomes unresponsive slow down gradually.
- Be aware of spilt diesel on wet roads, it will make the surface very slippery.