

Frinton/Walton/Kirby - Services Available During Coronavirus (COVID 19) Crisis

PLEASE NOTE: opening times and procedures for dealing with social distancing, may vary from shop to shop. Most stores now require payment by card, NOT cash. This is to help prevent the spread of infection. (The Contactless limit has been raised to £45)

Organisations and Businesses Offering Help

Organisation/Businesses	Help offered	Contact number	Email	Website
Frinton and Walton Town Council	Emergency food supplies and delivery of prescription medicines (for those who are isolated and no access to support)	0300 800 0181		
Tendring Shield	Help for vulnerable residents	01255 686700		
Essex Welfare Services	(assistance for residents without the support of family friends or neighbours)	0300 3039988	provide.essexwelfareservice@nhs.net	www.essexwelfareservices.org
Frinton Cricket Club	collection/delivery of groceries and medicine (7 days a week)			Register at info@frintoncc.com
Tendring Careline		01255 222022	careline@tendringdc.gov.uk	
Tendring Eldercare		01255 476889	admin@tendringeldercare.co.uk	
Walton Community Care	Hospital Car Service	01255 675840		
Age Uk	Maybe able to help with food parcels for isolated people.	01245 346106		
Frinton Christian Community Care	assistance with transport for medical appointments	01255 677000		
Homestart Colchester (covers the Tendring District apart from Harwich who have their own service)	Support for Families/Teens	01206 854625		

For further helpful information and volunteer groups please visit the [Council's coronavirus volunteer group page](#)

Prepared Meals – Delivery and/or Takeaway – Please note that there may be a minimum order value.

Organisation/Businesses	Address	Collection/Order details	Contact number	Website
British India		Delivery	01255 670549	
Frinton Golf Club		Ready meals delivered (card over phone)	01255 682454	
Avenue Bistro		Takeaway meals and delivery	01255 675676	
Shanti's Restaurant		Meals delivered	01255 850649 or 07940173089	
Star of India		Delivery and takeaway	01255 672386	
Connaught Coffee House		Delivery cakes, teabags etc.	01255 850611	
Poppins		Limited delivery of sandwiches, jackets etc.	01255 851205	
Young's Other Plaice		Fish and Chips takeaway only (11:30 – 20:00)	01255 674441	
Akash Indian Food	5 Old Pier Street, Walton	Takeaway and delivery	01255 677444	
The Family Pizza Co.	8 Old Pier Street, Walton	Takeaway and delivery	01255 671673	
Yate's Fish & Chips	15-21 Old Pier Street, Walton	Takeaway and delivery	01255 675303	

Shops Open for General Supplies/ Food Supplies

Organisation/Businesses	Address	Collection/Order details
Co-op Store	102-104 Connaught Avenue	
Sainsbury's	78-80 Connaught Avenue	
Premier Store	57 Connaught Avenue	
Young's Fisheries	53 Connaught Avenue	
Wrights Butchers	47 Connaught Avenue	
Lilleys Bakers	125 Connaught Avenue	
Holland & Barratt	69 Connaught Avenue	
The Cake Kitchen	51 Connaught Avenue	Including bread
Wrights Deli	25 Connaught Avenue	
D & A Health and Pet Food	94 Connaught Avenue	
Marks & Spencers	Arthur Ransome Way, Walton	
Aldi	Arthur Ransome Way, Walton	
Co-op Foodstore	74 High Street, Walton	
Fruit and Veg stall	Market Square, Walton	Each Thursday
Fresh Fish stall	Opposite The Royal Albion, Walton	Thursday & Saturday 8am – 1pm
Tesco Express	22 High Street, Walton	
Premier	53-55 High Street, Walton	

Organisation/Businesses	Address	Collection/Order details
Lilleys Bakers	Portobello Road, Walton	
Naze Park Store	116 Hall Lane, Walton	
Co-op Store	Triangle Shopping Centre	
Iceland	Triangle Shopping Centre	
One Stop Community Stores	30 Frinton Road, Kirby Cross	
Kirby Stores	62 Walton Road, Kirby le Soken	

Supermarkets

Some of which are listed below for information- please check specific stores for amended opening times.

Organisation/Businesses/Contact Details	Who they Support and Service
<p>Tesco</p> <p>0800 9177359</p> <p>If you have an NHS letter ring the above number to create an online account. Slots cannot be guaranteed but they will do their best to prioritise them.</p>	<p>Existing customers already registered and those who cannot shop safely in store and who do not have any network of support. Prioritising customers on the government list, who have received a letter from the NHS and registered on the Gov.Uk website</p>
<p>Morrisons</p> <p>0345 611 6111 and select option 5 (no proof of eligibility required)</p> <p>www.morrisons.com/food-boxes/boxes</p>	<p>Prioritising customers on the government list, who have received a letter from the NHS and registered on the Gov.Uk website. There are delivers for elderly, vulnerable and shielding customers and those unable to visit the store and who do not have access to the internet. This can be next day delivery and can select form 46 essential items including:</p> <ul style="list-style-type: none"> • milk, butter, eggs, potatoes, pasta, bananas, flour, cornflakes etc. • Pay for the delivery on the doorstep with your chip & pin card. • Shopping will be left on the doorstep and not taken into the house. <p>Also offering a selection of pre-packed food boxes - prices start from £30 order online</p>

Organisation/Businesses/Contact Details	Who they Support and Service
<p>Sainsburys</p> <p>0800 636262</p> <p>www.sainsburysgiftcard.co.uk</p>	<p>Prioritising customers on the government list, who have received a letter from the NHS and register on the Gov.UK website. Sainsburys should have contacted and offered such customers priority slots.</p> <p>You can also add up to £250 to a volunteer shopping card for someone to shop for you.</p>
<p>Marks and Spencers</p>	<p>Offering a selection of pre packed food boxes. Prices start from £15.</p> <p>Order online www.marksandspencer.com/l/gifts/food-boxes</p>
<p>Co-op</p>	<p>Prioritising customers on the government list, who have received a letter from the NHS and registered on the Gov.Uk website</p>
<p>Aldi</p> <p>www.aldi.co.uk/food-parcels</p>	<p>A new service for vulnerable people. Aldi food Parcel £24.99 inc. delivery.</p> <p>22 essential food and household items. Order online while stocks last. (limited to 1 per week)</p>
<p>Iceland</p> <p>www.iceland.co.uk</p>	<p>Customers who are vulnerable and on the government list have been contacted and offered delivery slots.</p> <p>New customers can register online</p>
<p>Asda</p>	<p>Have emailed their vulnerable customers to offer first access to slots for delivery.</p> <p>Shoppers can choose to have repeat of the same items.</p>
<p>Waitrose</p> <p>www.waitrose.com</p>	<p>25% of their delivery slots are for vulnerable customers. It's new service, Waitrose Rapid, will deliver 25 items within 2 hours with 40% to priority customers</p>

Post Offices

Organisation/Businesses	Address
Post Office	Inside Co-op Stores, Connaught Avenue, Frinton-on-Sea (open with reduced hours)
Post Office	Inside Martin's Newsagents, Triangle Shopping Centre, Frinton-on-Sea
Post Office	Main Delivery Office, 101 Connaught Avenue (opening hours 7:00am to 9:00am)

Banks

Refer to own branch. Most are opening for set hours only for essential business.

Newsagents

Organisation/Businesses	Address	Contact number
Smiths	Connaught Avenue, Frinton-on-Sea (local deliveries)	01255 672592
Martin's	10-11 Triangle Shopping Centre	01255 852215

Other Services – please note that businesses may have a minimum order value or charges. Please ask.

Organisation/Businesses	Address	Services	Contact details
Johnson's Cycles	122 Connaught Avenue, Frinton-on-Sea		01255 672952
D & A Health and Pet Foods	94 Connaught Avenue, Frinton-on-Sea		
Caxton Book Shop	Frinton-on-Sea	Mail order service or caxton.books.frinton@gmail.com	
Frinton Podiatry Clinic	82 Old Road, Frinton-on-Sea	Emergency clinic for those at risk of ulcerations/pain	01255 678600 or 07805 557762
Frinton Eye & Hearing Centre	86 Connaught Avenue, Frinton-on-Sea	Urgent eye or hearing care/repair etc.	01255 677710 or eastenglandeyecare@outlook.com
Great Danes	12 Connaught Avenue, Frinton-on-Sea	Shop closed, offering online ordering and local delivery.	01255 852285 or www.gr8danes.co.uk or email mike@gr8danes.uk
S D Arnold	Portobello Buildings, High Street, Walton	Shop closed emergency help service available	
Wine Boutique	Old Road, Frinton-on-Sea	Delivery service	01255 852239
The Olde Sweet Shop	Connaught Avenue, Frinton-on-Sea	Local deliveries	07968 378295
Limehouse	44 Connaught Avenue, Frinton-on-Sea	Online only	www.limehouseonline.co.uk or 07969 961059
The Laundry Room	26 Kirby Road, Kirby Cross	Fully open including collect and deliver	01255 671755
Parker's Garden Centre		Home delivery only on a limited range	01255 674838 - 10am -4pm Mon to Friday only.
Frinton Home Stores	25-27 Connaught Avenue, Frinton-on-Sea	Open with limited hours.	
Thornton's	145B Connaught Avenue, Frinton-on-Sea	DIY/decorating delivery service.	01255 852277 or 07447 687375 thorntonsoffrinton@outlook.com
Paws & Claws	28 Frinton Road, Kirby Cross	Pet shop can do free delivery	01255 677255 10am – 3pm

Organisation/Businesses	Address	Services	Contact details
Elite Fencing	Harmers Foundry Yard, Hall Lane Walton	Timber yard and Builders Merchant – open for business	01255 675047 for any special requirements.
Sound and Vision	The Triangle Shopping Centre	Closed but taking orders by phone daily.	01255 673766 – until 3pm

Please note this list is not exhaustive and only includes some of the many services that we are aware of.

Information correct April 2020