

## Elmstead Market - Services Available During Coronavirus (COVID 19) Crisis

Elmstead Mutual Aid are a group of local residents who have come together to help residents who are finding it hard to access the help they need.

PLEASE NOTE: Elmstead Mutual Aid are local neighbours and not a professional body – they can only offer help which is safe for everyone.

### Mutual Aid Contact Numbers -

Volunteer co-ordinator	Contact number
Angela Baxter	07907 610381
Martine Ward	07724 715786
Emma Rawlings	07885 467483
Amanda Bedford	07572 434498

### Alternatively visit the Elmstead Mutual Aid Facebook page or Email –

Co-ordinator	Contact number
Elmstead Parish Clerk	<a href="mailto:elmsteadparish@gmail.com">elmsteadparish@gmail.com</a>

### Support for Families/Teens –

Organisation	Contact number
Homestart Colchester (covers the Tendring District apart from Harwich who have their own service)	01206 854625

For further helpful information and volunteer groups please visit – [www.tendringdc.gov.uk/council/emergency-planning/coronavirus-covid-19-volunteer-groups/](http://www.tendringdc.gov.uk/council/emergency-planning/coronavirus-covid-19-volunteer-groups/)

## Businesses that will offer delivery and/or Takeaway –

Please note that there may be a minimum order value.

Organisation/Businesses	Address	Collection/Order details	Contact number	Website
Norweigan Bakers	Wivenhoe	Delivery handmade breads and cakes	07450 133819	
Sunny Mead Farm	Wivenhoe	Pork, buffalo and lamb	07817404362	
Becky's Butchers		Beef, lamb, pork, chicken, sausages, mince pies and more	07720 833207	
Ben's Fish	Mersea Island	Shellfish and fish straight from the fishermen	01206 386833	
Mikes Golden Fish Dish		Fish, ribs, burgers, pies, kebabs, sausages, wings and much more	01206 822582	
Kings Arms	Frating	Roast dinner, homemade curries, burgers kebabs, jacket potatoes, desserts and more.	01206 250277	
Anglia Salads		Fruit, vegetables, bread, milk and other basics	01206 233471	<a href="http://www.angliaproduce.com">www.angliaproduce.com</a>
Budgens	Elmstead Market	Will take orders and payment by telephone for pick up. Please order by 3pm for same day collection. Contact Elmstead Mutual Aid for pickup and delivery.	01206 617070	

## Doctors

The GP in the village will accept a list of volunteers to collect prescriptions. Patients will need to sign a consent form or write a letter.

Information correct May 2020