

Clacton/Jaywick/Frating/Holland - Services Available During Coronavirus (COVID 19) Crisis

PLEASE NOTE: opening times and procedures for dealing with social distancing, may vary from shop to shop. Most stores now require payment by card, NOT cash. This is to help prevent the spread of infection. (The Contactless limit has been raised to £45)

Organisations and Businesses Offering Help

Organisation/Businesses	Help offered	Contact number	Email	Website
Volunteers at Jaywick Resource Centre	Free frozen lunches for vulnerable members of the Jaywick Community.	01255 423388 or 07980 505128 (Nick)		
Essex Welfare Trust	(assistance for residents without the support of family friends or neighbours)	0300 3039988	provide.essexwelfareservice@nhs.net	www.essexwelfareservice.org
Tendring Eldercare	Parcels for the elderly	07757113397		
Age UK Helpline		01245 346106		
Tendring Careline		01255 222022	careline@tendringdc.gov.uk	
Tendring Shield	(help for vulnerable residents)	01255 686700		
Age Concern	(info and advice)	01206 368420		
Cinnamon Trust	dog walking, pet care & short term fostering for over 65's	01736757900		
Peabody Outreach Service	food parcel deliveries, welfare check etc.	0800 2888883		
Refuge	info & advice support for those suffering violence & abuse	0808 2000247		
Victim Support		0808 1781694		
Tendring Community Transport	minibus service	01255 436962		
Carers	offering support for carers and befriending			www.essexcarerssupport.org.uk
Homestart Colchester (covers the Tendring District apart from Harwich who have their own service)	Support for families/teens	01206 854625		

For further helpful information and volunteer groups please visit the [Council's coronavirus volunteer group page](#)

Prepared Meals – Delivery and/or Takeaway

Organisation/Businesses	Address	Collection/Order details	Contact number	Website
Colin's Fish & Chips	122 Holland Road, Holland on Sea –	order and collect Open mon-sat 11.30am – 7pm	01255 223463	
The Golden Fillet	110 Frinton Road, Clacton	(will deliver orders over £5 in Holland or order and collect)	01255 812363	www.thegoldenfillet.co.uk
The Fish Inn	409 St Johns Road, Clacton	delivery free of charge. (Will also deliver essential groceries with takeaway for elderly or those isolating)	01255 428674	http://www.thefishinnclacton.co.uk/
Papa Johns	Clacton-on-Sea	(collection and delivery)	01255 434350	
Wimpy	Clacton-on-Sea	(delivery)	01255 427469	
Kings Arms	Frating	British-Pub Food (collection and delivery)	01206 250277	
Tandoori Nights	Clacton-on-Sea	Indian, Bangladeshi (collection and delivery)	01255 224040	
Premier Grill	Clacton-on-Sea	(collection and delivery)	01255 221888	
Chang's	Clacton-on-Sea	Chinese, English (collection and delivery)		www.changscclacton.co.uk
Choices	Jaywick	Turkish, Kebab (collection and delivery)	01255 420840	
Bamboo Garden	Clacton on Sea	Chinese, Oriental (collection and delivery)	01255 475520	
Essex Kebabs	Clacton-on-Sea	Kebab, Pizza (collection and delivery)	01255 420275	
Dial a Pizza	Clacton-on-Sea	Italian, Pizza (collection and delivery)	01255 479479	
Domino's Pizza	Clacton-on-Sea	(collection and delivery)	01255 426352	
Domino's Pizza	Great Clacton	(collection and delivery)	01255 426666	

Shops Open for General Supplies/ Food Supplies

Organisation/Businesses	Address	Collection/Order details	Contact number	Website
Pier Avenue Butchers		(delivery only) meat packs – free local delivery over £20	01255 424277	www.pieravenuebutchersclacton.com
Reedlands Farm Shop			01255 860537	
Brooklynne Farm Shop	Chapel Road, Beaumont	(will deliver)	01255 862184	www.brooklynnefarmshop.com
Wilkinsons	Station Road, Clacton-on-Sea			
B & M	Waterglade Retail Park, Clacton-on-Sea			
Homebargains	Clacton Outlet Park, Clacton-on-Sea			

Supermarkets

Some of which are listed below for information- please check specific stores for amended opening times.

Organisation/Businesses	Address
Morrisons	Centenary Way, Little Clacton
Morrisons	Waterglade Retail Park, Clacton-on-Sea
Sainsburys	High Street Clacton-on-Sea
Tesco's	Brook Park, Clacton-on-Sea
Lidl	Brook Park, Clacton-on-Sea
Lidl	St Osyth Road, Clacton-on-Sea
Aldi	Pier Avenue, Clacton-on-Sea
Iceland	Waterglade Retail Park, Clacton-on-Sea

Post Offices

Most branches are open – however due to the coronavirus pandemic opening hours can change at short notice. You can check on www.postoffice.co.uk

Banks

Refer to own branch. Most are opening for set hours only for essential business.

Newsagents

Organisation/Businesses	Address	Contact number
Martins	52 North Road, Clacton-on-Sea	01255 420652
McColls	102 Frinton Road, Holland-on-Sea	01255 814872
Roundabout News	66 Carnarvon Road, Clacton-on-Sea	01255 421173
Eastcliff Newsagent	188 Holland Road Clacton-on-Sea	01255 424398
Clacton News	33 Rosemary Road, Clacton-on-Sea	01255 423238
McColls	4 Tudor Parade, Jaywick	01255 223041
Dot's of Jaywick	6-8 Broadway, Jaywick	01255 222686

Doctors Surgeries

Recommend phoning surgery regarding procedures in place due to covid 19.

Organisation/Businesses	Address	Contact details
Crusader Surgery, Units5	7-8 Crusader Business Park, Stephenson Road, West.	01255 688805
East Lynn Medical Centre	3-5 Wellesley Road, Clacton-on-Sea	01255 220010
Epping Close Surgery	The Old Renal Unit, Kennedy Way, Clacton-on-Sea	01255 222668
Frinton Road Medical Centre	68 Frinton Road, Holland-on-Sea	01255 814936
Green Elms Medical Centre	32 Crossway, Jaywick, Clacton-on-Sea CO15 2NB	01255 207660
Nayland Drive Surgery	2 Nayland Drive, Clacton-on-Sea CO16 8TJ	01255 207680
Old Road Surgery	145-149 Old Road, Clacton-on-Sea CO15 3AU	01255 424334
Ranworth Surgery	103 Pier Avenue, Clacton-on-Sea CO15 1NJ	01255 422587
St James Surgery	89 Wash Lane, Clacton-on-Sea CO15 1DA	01255 221121
The Great Clacton Medical Practice	17 North Road, Great Clacton, CO15 4DA	01255 224600

Dentists

Emergency appointments only

Organisation/Businesses	Address	Contact details
Clacton Dental Care	St Osyth Road, Clacton-on-Sea	01255 221001
My Dentist	Old Road, Clacton-on-Sea	01255 422502
Valley Dental Practice	130 Valley Road, Clacton-on-Sea	01255 220322

Opticians

No routine appointments. Urgent and essential eye care only

Organisation/Businesses	Address	Contact details
Specsavers	68 Pier Avenue, Clacton-on-Sea	01255 225000
Buizer & Cole	96 Pier Avenue, Clacton-on-Sea	01255 814923

Vets

contact individual vets regarding safety measures in place

Organisation/Businesses	Address	Contact details
Haven Veterinary Practice	35 Holland Road, Clacton-on-Sea	01255 422150
Kinfauns Vets	The Street, Little Clacton	01255 860555

Other Services

Organisation/Businesses	Address	Services	Contact details
Jaywick Pet Supplies	29 Broadway, Jaywick		
Holland Pet Supplies	69 Frinton Road, Holland-on-Sea		
JD Pets	200 Burrs Road, Clacton-on-Sea		
St Johns Plant Centre		Huge range of plants and compost delivered to your door orders taken 9am – 4pm delivery charges may apply)	01255 821543
Leigh's Laundry	62 Frinton Road, Holland-on-Sea		
Wash & Tumble Launderette	146 St Osyth Road, Clacton-on-Sea		
Wash-n-Dry	195 Meadow Way, Jaywick		
North Road Pharmacy	25 North Road, Clacton-on-Sea		01255 470869
Kamart Chemist	St John's Road, Clacton-on-Sea		01255 221980
Rowlands Pharmacy	61 High Street, Clacton-on-Sea		01255 424318
Holland Pharmacy	Frinton Road, Holland-on-Sea	(repeat prescription and delivery)	01255 812444
Jaywick Pharmacy	Broome Way, Jaywick		01255 470347
Prescriptions 2 You		(repeat prescriptions and delivery service)	01255 689176

Please note this list is not exhaustive and only includes some of the many services that we are aware of.