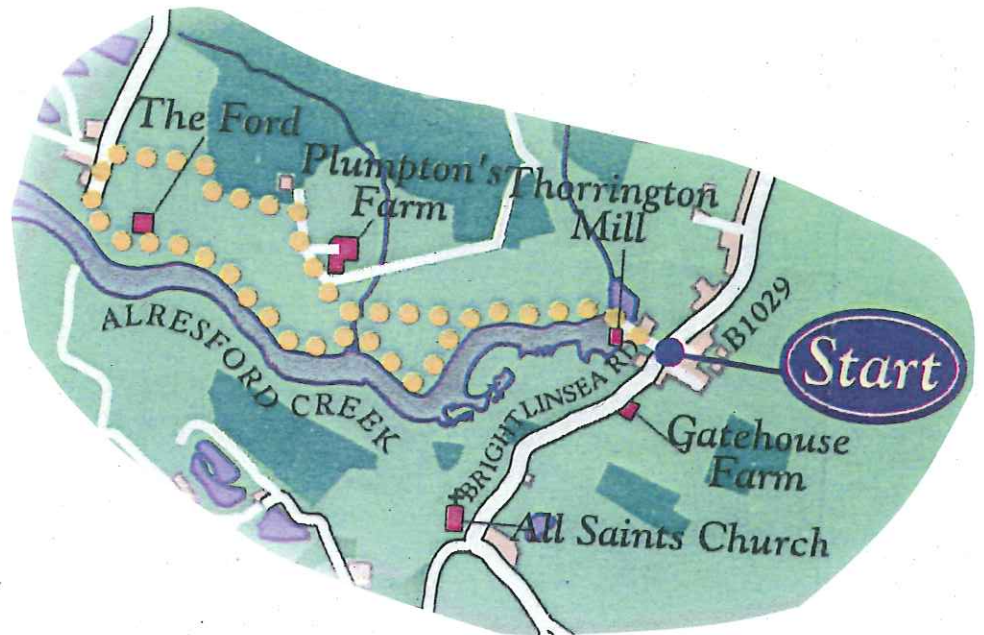


Alresford

Distance: 3 miles
Time: 1.5 hours



A walk along Alresford Creek

Begin this walk by the footpath sign on a roadway on the B1029 where there is an information board relating to Thorrington Mill. Descend on the path to Thorrington Mill which is the only remaining Tide Mill in Essex. On the right, by the mill, is a bridge which you cross to find footpath markers by two oak trees. The path follows a field edge, with the creek to your left – you have a great view of All Saints Church from here. At the end of the second field, you need to cross a bridge where the path divides, to follow the winding creek wall until you come to a junction where the creek path turns sharply left and then right.

As the creek opens up, you will see small craft moorings and the disused railway bridge in the distance. Eventually you will come to a house adjacent to the path, where you then join a lane which leads to Ford Road. Turn right onto the road where the sand and gravel works are quite visible to your left. Continue on the road for about 200m where a footpath goes off to the right, leading you alongside a reservoir. Follow this path around the woodlands until you reach a lane where you turn right. You will pass the entrance to a farm on your left and then reach a junction off several tracks. Bear right here and then left at the waymark post down to the creek again.

By following the creek path, you will come to Plumpton's Sluice where you should recognise your outward route. Bearing left, follow the field edge path back towards the mill, passing the bridge where you first crossed to the creek wall. Carry on straight ahead, beyond the mill, to where you originally started.

At the time of printing, The Mill is open to the public every last Sunday between April and September, parking is available between these times only.