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| Bobbits Hole Nature Reserve  www.harwich-society.co.uk  01255 553610 | Small freshwater lake bounded by woodland. A valuable wildlife pocket within the urban surroundings of Harwich. | Free admission | Sundays 10am – 12 noon | Behind Asda  Main Road  Dovercourt  CO12 4AB |
| Dovercourt Swimming Pool  www.tendringdc.gov.uk  01255 686176 | 25m pool with fun sessions and school holiday activities. Also Lifestyles Fitness Suite. | See web for details | See web for details | Low Road  Dovercourt  CO12 3TA |
| Electric Palace Cinema  www.electricpalace.com  01255 553333 | Originally opened in 1911, the Electric Palace continues to show films at weekends, plus regular live Jazz concerts. | See web site for admission prices. | Film programme throughout the year, visit the web site for full details of films and jazz concerts. | Kings Quay Street  Harwich  CO12 3ER |
| Ha’Penny Pier Visitor Centre  www.harwich-society.co.uk  01255503429 | Information on Harwich, plus ‘Harwich & The New World’ exhibition. | Free admission | 1 May – 31 Aug daily 10am – 5pm | The Quay  Harwich  CO12 4HH |
| Harwich Maritime Museum  www.harwich-society;co.uk  01255 503429 | Housed in a disused lighthouse, with displays on the Royal Navy and commercial shipping. | £2.00 adult/senior, accompanied children free | 1 May – 31 Aug Sun, Thur & Fri 10am – 4pm, Sat 2pm – 4pm | Harwich Green  Harbour Crescent  Harwich CO12 3NL |
| Harwich Lifeboat Museum  www.harwich-society.co.uk  01255 503429 | Exhibits include the last Clacton offshore 34ft lifeboat and the history of the Harwich lifeboat service. | £1.00 adult/senior, accompanied children free | 1 May – 31 Aug Wed – Sun 11am – 3pm | Timberfields  off Wellington Road  Harwich CO12 3EJ |
| Harwich Sports Centre  www.tendringdc.gov.uk  01255 504380 | 2 squash courts, 4 badminton courts and all weather hard court. School holiday activities. | See web for details | See web for details | Hall Lane  Dovercourt  CO12 3TB |
| High Lighthouse |  |  |  |  |
| Manningtree Sports Centre  www.tendringdc.gov.uk  01255 | Sports hall providing a variety of activities, climbing wall, fitness suite. School holiday activities. | See web for details | See web for details | Colchester Road  Lawford  CO11 2BN |
| Maritime Heritage Trail  www.harwich-society.co.uk | A self-guided walk around Harwich. Pick up a leaflet from the Ha’penny Pier Visitor Centre or see web site. |  |  |  |
| Mistley Towers  www.english-heritage.org.uk  01206 393884 | Built in 1776, the towers comprise the remains of a Georgian church designed by Robert Adam. | Free admission | Call Mistley Quay Workshops for details and key. | The Walls  Mistley  Manningtree |
| North House Gallery  www.northhousegallery.co.uk  01206 392717 | Changing exhibitions usually focus on the work of one artist. Mixed summer and Xmas exhibitions. | Free admissions | Saturdays 10am – 5pm, or by appointment. | The Walls  Manningtree  CO11 1AS |
| Redoubt Fort  www.harwich-society.co.uk  01255 503429 | Built in 1808, a large circular fort to protect the harbour from Napoleonic invasion. | £3.00 adult/seniors, accompanied children free | 1 May – 31 Aug Daily 10am – 4pm  Suns 10am – 4pm | Behind 29 Main Road  Harwich  CO12 3LT |
| Stour Wood  www.woodlandtrust.org.uk | Traditional chestnut coppice with walks leading to saltmarsh. Good variety of birds and wildlife. | Free admission  Car parking available. | Open all year | Situated on B1352  Wrabness  Manningtree |