




# Swimming Pool Programme 2010



6.45 7.30 am 8 am 9 am 10 am 11 am 12 noon 1 pm 2 pm 3 pm 4 pm 5 pm 6 pm 7 pm 8 pm 9 pm 10pm 11pm

<b>MONDAY</b>	Early Morning Lane Swim	50+	Disabled	Staff Training	Public Lane Swim	Parent & Babies	Public Swim			Club Use				
<b>TUESDAY</b>	Early Morning Lane Swim	Aquacise	School Use		Public Lane Swim		50+ and Disabled	Junior Swim Lessons	Public Swim	Adult Swim	Aqua Beam	Ladies Only		
<b>WEDNESDAY</b>	Club Use	Early Morning Lane Swim	Aquacise	School Use		Public Lane Swim	Lessons	Public Swim	Junior Swim Lessons		Club Use	Public Swim		Pool Cleaning
<b>THURSDAY</b>	Early Morning Lane Swim		50+ and Disabled	Aquacise	Parent & Babies	Public Lane Swim	School Use	Public Swim	Junior Lessons	Club Use				
<b>FRIDAY</b>	Early Morning Lane Swim		School Use			Public Lane Swim	Public Swim		Junior Swim Lessons		Public Swim	Adults Only		
<b>SATURDAY</b>	Club Use	Public Lane Swim	Under 16's Funtime (2 sessions) (10-11 & 11-12)			Public Swim			Occasional Courses Contact Reception		Private Hire			
<b>SUNDAY</b>	Club Use	Public Lane Swim	Public Swim				Staff Training	Public Swim	Family Floats n' Fun	Adult Lessons	Junior Lessons	Club Use		

Sessions may be restricted to 45 minutes during peak periods.  
 Last ticket sold 30 minutes before end of each session.  
 The pool is cleared 10 minutes before the end of the session.  
 Children under 8 years must be accompanied by an adult at all times.  
 During school holidays fun sessions and short courses will replace school sessions.  
 During school holidays, half the pool will be reserved for adult lane swimming from 12.00 - 1.30pm.

