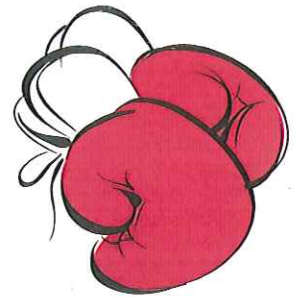


BOXING



NEW CHILDREN'S BOXING CLASSES (STRICTLY NON-CONTACT)

@ Rear of Magistrates Court, Main Rd, Harwich,
CO12 4DN (opposite BP petrol station)

WEDNESDAYS:

5PM-6PM = 5-10 YEAR OLDS

6PM-7PM = 11-16 YEAR OLDS

- Improve fitness
- Build confidence
- Learn the skills of boxing in a safe and controlled environment
- Have fun
- Achieve awards by progressing through an award scheme achievable by all ages and abilities

RUN BY FULLY QUALIFIED ABA BOXING TUTORS

Just **£2.50** a session

or

Secure your child's place by booking 5 consecutive weeks at
£12.50

(each class limited to 25 children)

For Further Information Contact:
Marcus on 07794753894

